

A hand with a ring on the ring finger is reaching up towards several large, colorful balloons (orange, yellow, and teal) against a clear blue sky with some light clouds. The hand is positioned in the lower center of the frame, with fingers spread. The balloons are floating above and around the hand, creating a sense of aspiration and positivity.

# **UNDERSTANDING LAW OF ATTRACTION**

**LEARNING TO ATTRACT WEALTH,  
HEALTH AND HAPPINESS**

# Understanding Law Of Attraction

## Cheat Sheet

### Learning To Attract Wealth, Health And Happiness

#### Step 1: What really is the Law of Attraction?

- It is not a magic spell
- It is a universal law
- There are 4 components to the Law of Attraction
- Know what you want
- Focus on it and ask for it
- Visualize you already have it
- Believe you will get it

#### Step 2: How the Law of Attraction works

Step #1: You must know how it works

Step #2: Like attracts like

Step #3: You create vibrations through your thoughts

Step #4: You need to tune your mind to the Law of Attraction

Step #5: Make the change to subjective thinking

#### Step 3: Overcome the Default Process

Step #1: Most people focus on small things

Step #2: You need to remove yourself from the default process

Step #3: Change your beliefs

Step #4: Use visualization

Step #5: Intensify your thought process

#### Step 4: Opportunities and Luck

Step #1: Do not rely on luck

Step #2: Say “yes” to more opportunities

Step #3: Believe that opportunities exist

Step #4: Small opportunities can lead to bigger ones

Step #5: It's not just about money

#### Step 5: Applying the Law of Attraction

Step #1: Be clear about what you want

Step #2: Create your goals

Step #3: Add a time dimension to your goals

Step #4: Use positive affirmations

Step #5: Take the right action

Step #6: Identify and remove limiting beliefs

#### Step 6: Money and Wealth Manifestation

Step #1: How much do you want?

Step #2: How will you serve?

Step #3: Write a statement to the Universe

Step #4: Constantly refer to your Universe statement

Step #5: Think and act as if you are already wealthy

Step #6: Improve your relationship with wealth

Step #7: Create a plan

Step #8: Develop strong beliefs

Step #9: Be grateful for money and wealth

Step #10: It's not important how you achieve wealth

Step #11: Visualize already having wealth

Step #12: Spend the money but not really

Step #13: Give to receive

#### Step 7: Handling Challenges and Failure

Step #1: Never give up and keep trying

Step #2: Use repetition

Step #3: Don't succumb to your comfort zone

Step #4: Don't let life get in the way

#### Step 8: Balance your Inner and Outer Self

Step #1: Your inner self is your consciousness

Step #2: Your outer self is the action you take

Step #3: You need to act on your thoughts

#### Step 9: Why it doesn't work for all

Step #1: The Law of Attraction is real and works

Step #2: You need to use it in the right way

Step #3: You need strong belief

Step #4: You need to use visualization

Step #5: You need to act on your inner voice

Step 10: Law of Attraction Code Best Practices

- Use the 4 elements correctly
- Understand how the Law of Attraction works
- Avoid the default process
- Say “Yes” to opportunities
- Apply the Law of Attraction
- Use it to attract money and wealth
- Handle challenges properly
- Turn thoughts into action